

PRESS RELEASE **8 January 2024**



Benenden Hospital first in Kent to use ROSA Robotic Surgical Assistant for knee surgery

Benenden, Kent – Benenden Hospital, the CQC-rated Outstanding private hospital near Cranbrook, has announced the installation of a state-of-the-art robotic-assisted surgery system in its operating theatres.

The Zimmer Biomet ROSA Knee System combines precise sensors, live data and a robotic arm, supporting surgeons in performing minimally invasive total knee replacements. Benenden Hospital is the first in Kent to use this particular system and joins only a handful of hospitals nationwide employing the technology.

Robotic surgery is associated with reduced pain and patients benefit from quicker recovery times and a more tailored overall experience compared to traditional surgery.

Alex Chipperfield, Consultant Orthopaedic Surgeon, said: "Benenden Hospital is a centre of excellence for knee replacement and our investment in this pioneering technology is another significant step towards improving the patient experience.

"It offers an ultimately better fit and function through a customised surgical plan, enabling faster healing and quicker recovery of motion."

The ROSA Knee System is paired with a care management mobile app that helps support patients through their surgical preparation and recovery using smartphones and Apple Watch.

Benenden Hospital performs over 1,000 knee and hip replacements per year. The hospital supports the great work of the NHS, with the new ROSA system potentially helping to alleviate pressure on waiting lists.



The treatment takes place in a calm and welcoming environment in the heart of the Kent countryside, delivered by a highly experienced team of Orthopaedic Consultants and supported by dedicated nurses and physiotherapists.

Jane Abbott, Benenden Hospital Director, said: "This further investment in robotic technology within our theatres follows the installation of our first robot-assisted system, The Procept AquaBeam, earlier this year.

"As a hospital, we are committed to improving patient care through innovation, and this revolutionary technology promises improved longer-term results for our patients, getting them back to an active life much sooner."

To enquire about the ROSA Knee System, visit <https://www.benendenhospital.org.uk/> or contact Benenden Hospital's Private Patient Team on 01580 363559.

About Benenden Hospital

Opened in 1907, Benenden Hospital is an independent hospital with charitable status, providing first-class treatment for a wide range of specialities.

The only private hospital in Kent to be rated Outstanding by the Care Quality Commission (CQC), it offers a wide range of healthcare consultations, treatments and diagnostic services to self-pay patients, [Benenden Health](#) members and those with private health insurance. It also offers some services to NHS patients via the e-referral system.

Providing the highest standards of patient care for over 100 years, the hospital offers fast access to over 250 treatments from highly experienced consultants, supported by dedicated clinicians and specialist teams, in calm and comfortable, modern surroundings.

<https://www.benendenhospital.org.uk/>

For Further Information	Follow Benenden Hospital
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